

Suggested Discussion Topics for Mentor Meetings

In addition to the talking points listed below, there are many other suggestions online, available by searching *questions to ask a mentor*, or something similar. Be prepared for each mentorship meeting with a list of questions related to exploration of your Mentor's profession, and discussion topics related to each of your goals outlined in the Joint Mentorship Agreement.

- Do you enjoy your current position?
- Describe your various responsibilities, your typical day, the team you work with, your physical working environment, the length of your workday.
- What gives you the greatest sense of job satisfaction - the most rewarding part of your role?
- What was a great moment at work during the past year? What made it great?
- What was the most difficult moment? How did you get through it?
- What do you regard as your major strengths?
- Do you find that your hard skills – such as your IT knowledge – are most important for your position? What role do your soft skills (such as communication, teamwork, attitude) play? What soft skills do you think are important for success in your position?

- What areas would you like to focus on for improvement?
- Describe the area of responsibility that you find most frustrating?
- What helps you most in your work?
- What hinders you from achieving your goals?
- Are you happy in your present job? Why? Why not? (such as
- Do you work within traditional work hours?